

**CarFit** is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them.

Trained volunteers complete a checklist with each driver. Among the items checked:

- Correct position of driver's seat
- Proper adjustment of mirrors
- Ability to see over the steering wheel correctly
- And more...

**The Goals of the program:**

- Help older drivers improve the "fit" of their vehicles for safety & comfort
- Promote conversations among older adults & families about driving safety & continued need for mobility options to keep people involved in their communities
- Link adults with relevant, local resources that can help ensure they drive safely longer.

Car Fit is **NOT** designed to determine someone's ability to drive or influence their ability to have a driving license.

It is solely an educational program